

# IN TOUCH



## MESSAGE FROM THE HEADTEACHER

Dear Parents and Carers

Happy New Year to all you all.

We are pleased to have welcomed back your children to school today and hope that they've had a happy and relaxing Christmas holiday but also have had time to get some vital revision in, ahead of the PPEs (school exams) which begin for students in years 7-10 and year 12, on Monday 15 January. A full guide to these, with some advice on how best to prepare for them can be found in this edition of In Touch.

At the end of the Christmas term we said goodbye to Ms Ojikutu, Ms Msanide and Ms Silva-Sirgado. All are moving on to exciting new opportunities and we wish them well in their future careers. We are pleased to welcome Mr Fynn, who will be leading the Science Department, to the school in January.

As you will be aware we are very proud of being part of a family of Salesian Schools around the world. This global network gives us the chance to connect with students and staff across the globe to learn more from them and to share in their successes and struggles. You will see the pictures of Fr Andrew's recent visit to our partners in Kolkata, India, in the is edition of In Touch. This term we will be keeping our friends at the Salesian School in Bethlehem very much in our minds during the conflict in that part of the world, and will be fundraising to support them during these troubled times.

Please keep your eye on the forthcoming dates section of this bulletin, a number of important school events and meetings are coming up this term and we very much look forward to seeing you at these.

With best wishes for 2024.

## NEWS FROM ABROAD

Two pieces of artwork from SJBC students were presented to the Green Wave Art School students in Kolkata



**Free Beginners English lessons for parents and families of students at St John Bosco College** Classes every Thursday, 4:30 – 6.30 pm

Please email [dparrott@sjbc.wandsworth.sch.uk](mailto:dparrott@sjbc.wandsworth.sch.uk) to reserve a place.



# NEW YEAR'S RESOLUTIONS

Even though we are half way into January, it is still not too late to make sure that this year is used well by all our students with the support of their families.

Below are some ideas for resolutions to make for the new year and some top tips for how families can support young adults in making those resolutions a reality. **Do more in 2024!**

## Teenagers' New Year's Resolutions:



### Set Study Goals:

Encourage teens to set realistic study goals for the year. This could be improving grades, developing better study habits, or exploring new subjects.



### Stay Active:

Help them commit to being more active, whether it's through sports, fitness routines, or outdoor activities. Staying healthy is not only good for the body but also for the mind.



### Digital Balance:

Suggest a resolution to manage screen time. This could involve limiting social media use, finding a healthy balance with video games, and spending more time engaging in offline activities.



### Explore Hobbies:

Encourage your children and teens to discover new interests or dedicate more time to existing hobbies. Whether it's art, music, writing, or anything else, hobbies can bring joy and help develop skills.



### Practice Kindness:

Urge teens to make a conscious effort to be kind and understanding towards others. Acts of kindness, big or small, contribute to a positive and supportive community.

## Advice for Parents for 2024:

### Open Communication:

Foster an environment where your teen feels comfortable sharing their thoughts and concerns. Open communication helps build trust and understanding.



### Be Supportive:

Support their goals and resolutions. Offer encouragement, celebrate their achievements, and provide guidance when they face challenges.



### Lead by Example:

Demonstrate the behaviours you'd like them to adopt. If your resolution involves healthier habits or learning something new, involve them in the process.



### Create Family Resolutions:

Consider making family resolutions together. This could be spending more quality time as a family, trying new activities, or volunteering together.



### Encourage Reflection:

Teach the importance of reflection. Help them understand that resolutions are a chance to grow and learn. Discuss the progress regularly and make adjustments if needed.



## REMEMBER!

the key is to create resolutions that are meaningful to the teenager and align with their personal interests and values.

KEY DATES	
Monday, 15th January	Start of year 7-10 PPE week
Tuesday, 30th January	Parent Event (6:00 - 7:00pm)

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# PPE TIME TABLES FOR YEARS 7 – 10

Year 8 - RUA Hall				
Monday 15th Jan	Tuesday 16th Jan	Wed 17th Jan	Thursday 18th Jan	Friday 19th Jan
Arrive for 8:35am Whole School Line Up				
Regular School Day	Period 1 lessons	Period 1 lessons	Period 1 lessons	Period 1 lessons
	Period 2 lessons	Period 2 lessons	Period 2 lessons	Period 2 lessons
	Tutor Time 10:30 - 10:55am			
	Break - Exam Line Up 11:10am			
	Exam 1 - 11:30 - 12:30 History	Exam 1 - 11:30 - 12:30 RE	Exam 1 - 11:30 - 12:30 English	Exam 1 - 11:30 - 12:30 Science
	Exam 2 - 12:30 - 13:30 MFL	Exam 2 - 12:30 - 13:30 Computing	Exam 2 - 12:30 - 13:30 Maths	Exam 2 - 12:30 - 13:30 Geography
	Lunch 13:30 - 13:50			
	13:50 Whole School Line Up, 14:00 Dismissal			

Year 7 - Sports Hall				
Monday 15th Jan	Tuesday 16th Jan	Wed 17th Jan	Thursday 18th Jan	Friday 19th Jan
Arrive for 8:35am Whole School Line Up				
Regular School Day	Period 1 lessons	Period 1 lessons	Period 1 lessons	Period 1 lessons
	Period 2 lessons	Period 2 lessons	Period 2 lessons	Period 2 lessons
	Tutor Time 10:30 - 10:55am			
	Break - Exam Line Up 11:10am			
	Exam 1 - 11:30 - 12:30 Maths	Exam 1 - 11:30 - 12:30 English	Exam 1 - 11:30 - 12:30 Science	Exam 1 - 11:30 - 12:30 History
	Exam 2 - 12:30 - 13:30 RE	Exam 2 - 12:30 - 13:30 Geography	Exam 2 - 12:30 - 13:30 MFL	Exam 2 - 12:30 - 13:30 Computing
	Lunch 13:30 - 13:50			
	13:50 Key Stage 3 Line Up, 14:00 Dismissal			

Year 10				
Monday 15th Jan	Tuesday 16th Jan	Wed 17th Jan	Thursday 18th Jan	Friday 19th Jan
Arrive for 8:35am Whole School Line Up				
Period 1 - Lessons	Exam 9:00 Science Paper 1	Exam 9:00 Maths (Non - Calc)	Exam 9:00 Science Paper 2	Exam 9:00 Maths (Calculator)
Exam 9:30 RE				
Tutor - 10:30 - 10:55				
Break 10:55 - 11:20				
Period 3 Lessons 11:20 - 12:10			Period 3 Further Maths (Exam)	Period 3 Lessons
Lunch 12:10 - 13:00				
Exam Line Up 13:00 MUGA				
Exam 13:15 English Literature	Exam 13:15 Option A DT, Spanish, Geography, French, History, Hospitality & Catering	Exam 13:15 English Language	Exam 13:15 Option C Computing, Art, PE, History, Performing Arts, Sociology, DT	Exam 13:15 Option B Portuguese, Business Studies, Music, Creative iMedia, DT, Psychology, Art, Geography

Year 9 - Sports Hall				
Monday 15th Jan	Tuesday 16th Jan	Wed 17th Jan	Thursday 18th Jan	Friday 19th Jan
Arrive for 8:35am Whole School Line Up				
Regular School Day	Period 1 lessons	Period 1 lessons	Period 1 lessons	Period 1 lessons
	Period 2 lessons	Period 2 lessons	Period 2 lessons	Period 2 lessons
	Tutor Time 10:30 - 10:55am			
	Break - Exam Line Up 11:10am			
	Exam 1 - 11:30 - 12:30 English	Exam 1 - 11:30 - 12:30 Science	Exam 1 - 11:30 - 12:30 Geography	Exam 1 - 11:30 - 12:30 Maths
	Exam 2 - 12:30 - 13:30 Computing	Exam 2 - 12:30 - 13:30 History	Exam 2 - 12:30 - 13:30 MFL	Exam 2 - 12:30 - 13:30 RE
	Lunch 13:30 - 13:50			
	13:50 Whole School Line Up, 14:00 Dismissal			

During the last two weeks of term, students have been working with their form tutors learning how to make a revision timetable and how to spread their revision across subjects, especially those that they find hard. Students should make sure that when they revise, they condense their revision into short blocks of time (maximum 45 minutes) with regular short breaks in between. All the relevant revision lists for every subject and every year have been placed on the year group page on MS Teams, sent home via ParentMail and have been placed on the school's website. Each of these revision lists have links to supplementary resources and online learning platforms. Parents are encouraged to frequently check in with their children to ensure revision has been taking place and to support them by providing them with a quiet, non-distracting area to revise.